# PROGRAM

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<td>07:30-08:30</td>
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| 08:30-08:50 | Welcome and Opening Address  
  - Mrs. Boon Yee Yeong, Executive Director, ILSI SEA Region, Singapore  
  - Dr. Le Danh Tuyen, Director, National Institute of Nutrition, Vietnam |
| 08:50-09:30 | Research Update: Vitamin D and Human Health – Bones and Beyond  
  Prof. Robin Daly, Deakin University, Australia |
| 09:30-10:00 | Vitamin D Status in Young Children and Women of Reproductive Age in Vietnam  
  A/Prof. Le Bach Mai, National Institute of Nutrition, Vietnam |
| 10:00-10:40 | Vitamin D Status and Intakes in the SEA Region  
  Prof. Geok Lin Khor, International Medical University, Malaysia |
| 10:40-11:10 | MORNING TEA BREAK |

## SESSION 1: VITAMIN D AND HEALTH – RECENT RESEARCH AND STATUS IN SOUTHEAST ASIA  
*Chair: Prof. Andrew Sinclair, Deakin University, Australia*

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| 11:00-11:40 | Influence of Maternal Vitamin D on Birth Outcomes  
  Prof. Shi-an Yin, Chinese Center for Disease Control and Prevention, China |
| 11:40-12:10 | Vitamin D and Child Health  
  Dr. Umaporn Suthutvoravut, Mahidol University, Thailand |
| 12:10-12:40 | Importance of Vitamin D in Healthy Ageing  
  Mr. Peter Liu, DSM, Singapore |
| 12:40-14:00 | LUNCH BREAK |

## SESSION 2: VITAMIN D THROUGHOUT THE LIFE SPAN

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| 14:00-14:30 | Vitamin D and UV Exposure – Benefits vs Risks, Barriers to Exposure and How Much Do We Need?  
  Prof. Robyn Lucas, Telethon Kids Institute/Australian National University, Australia |
| 14:30-15:00 | Food Sources of Vitamin D/Fortification/Supplementation in SE Asia  
  Mr. Geoffry Smith, Essential Micronutrients Foundation, Singapore |
| 15:00-15:30 | Methodologies and Cut-offs for Measuring/Evaluating Vitamin D Status  
  Dr. Mei Chung, Tufts University School of Medicine, USA |
| 15:30-16:00 | AFTERNOON TEA BREAK |
| 16:00-17:15 | PANEL DISCUSSION  
  Vitamin D Intakes/Research in Southeast Asia – Opportunities and Recommendations |
| 17:15-17:30 | CLOSING REMARKS |