Co-Chairperson Biography

Prof. Michael Chia is Professor of Paediatric Exercise Science at National Institute of Education, Nanyang Technological University in Singapore. He received his graduate and post-graduate training from Loughborough University and Exeter University in the UK. His professional credentials include certifications from ACSM, BASES and the OBS in Hong Kong. Prof. Chia has published and presented his research in at least 200 outlets including national and international position statements and guidelines for physical activity and youth development in sport. As an academic, he received multiple awards for his teaching, research and leadership roles. In recent times, his research was featured on BBC World Service and the Straits Times in Singapore.