

Seminar on

# Maternal, Infant and Young Child Nutrition:

## Maternal Nutrition and Birth Outcomes in Southeast Asia

November 13 -14, 2018

Hotel Istana, Kuala Lumpur, Malaysia

Register Now!



### BACKGROUND

#### MATERNAL NUTRITION PLAYS A CRITICAL ROLE IN A CHILD'S HEALTH

A poor maternal nutrition status can negatively influence the fetal development and lead to adverse birth outcomes. Today, the prevalence of low birth weight and stunting continues to persist, with an average of 17.9 million (30%) children under five years of age in Southeast Asia still affected by stunting as reported by The United Nations Children's Fund (UNICEF) in 2016.

On the other hand, pregnant women face the risk of developing gestational diabetes mellitus (GDM), leading to serious complications such as Type 2 diabetes after pregnancy and exposing the offspring to higher risk of obesity and diabetes in late adolescence and young adulthood.

Thus, greater attention to the underlying issues relating to the persistence of low birth weight and stunting as well as the GDM situation among women is warranted. Examining the relationship between maternal nutrition and birth outcomes is essential to provide a basis for the improvement of birth outcomes and long living health of offspring.

### WHO SHOULD ATTEND

Nutritionists, dietitians, paediatricians, obstetrician-gynaecologists, nutrition and health professionals, policy makers, representatives from government sectors and agencies, academia, research organizations, and private sector stakeholders

### REGISTRATION FEES

Category	Local (MYR)	Overseas (USD)
Government/ Academia	450	270
Industry	800	350

\*Registration fee includes lunch, tea breaks and seminar materials

\*Local rates are only applicable to Malaysia residents

### SEMINAR OBJECTIVES

#### Day 1: Maternal Nutrition and Persistence of Low Birth Weight and Stunting

- To share trend data and discuss factors contributing to the persistence of low birth weight and stunting in the region
- To identify and address gaps in relation to existing data collection, data analysis and reporting on low birth weight and stunting
- To provide a platform to share success stories and interventions to improve low birth weight and stunting

#### Day 2: GDM and Related Issues

- To share evidence relating to the prevalence of GDM, its associated risk factors and impact on birth outcomes
- To identify knowledge gaps in diagnosis and treatment using a continuum of care perspective

### CONTACT US

For Local Participants, please contact Dr. Tee, Ms. Muhaini or Ms. Yvonne at [estee@nutrihealth.com.my](mailto:estee@nutrihealth.com.my) and [nsm.scientificupdates@gmail.com](mailto:nsm.scientificupdates@gmail.com)

For Overseas Participants, please contact ILSI SEA Region Secretariat at [ilsisea@ilsisea.org.sg](mailto:ilsisea@ilsisea.org.sg)

Organizers



Co-Organizer



For more information and to register:

<http://ilsisea-region.org/event/miycn2018/>