

# Trust Your Gut

## How Gut Microbiota Affects Overall Health

May 17, 2018 | 13:00 – 17:30

Pan Pacific Manila Hotel, Manila, Philippines

Join us at this half-day seminar where new findings in the field of Gut Health in relation to health and disease will be presented. Speakers will be discussing the importance of Gut Microbiota across the life span and how healthy gut microbiota can prevent the development of diseases. Ways to optimize gut health through nutrition will also be discussed



### Program topics

- ⊕ Normal Gut Microbiota across the Lifespan
- ⊕ Effect of Diet on Gut Microbiota
- ⊕ Pre- and Probiotics: Their Role in Gut Health
- ⊕ Gut Microbiota in Disease



### Registration Fees

Industry	PHP 2,000
ILSI SEA Region Members	PHP 1,500
Government/ Academia	PHP 1,200

\*Registration is only confirmed upon receipt of registration fees.

\*Payment should be made on or before April 30, 2018.

\*The seminar fee is non-refundable. Substitute Participant may be accepted.

\*Seminar Fee includes heavy snacks, beverages and seminar materials.

**Register Now!**

<http://tiny.cc/trustyourgut2018>

**For more information, please contact**

**Ms. Ellaine Javier**

ILSI SEA Region Philippines

Country Committee Secretariat

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