



## Mini-Symposium

# The Role of Nutrition in Healthy Aging

November 7, 2017 | 11:00am – 2:00pm  
Auditorium (Level 2), Shaw Foundation Alumni House,  
11 Kent Ridge Drive, Singapore 119244

### Mini-Symposium Program

- 10:30 – 11:00 hr **Registration**
- 11:00 – 11:05 hr **Welcome and Introduction**  
*Mr. Geoffry Smith, ILSI SEA Region, Singapore*
- 11:05 – 11:30 hr **Aging and Health in Southeast Asia: A Comparison of Indicators**  
*Dr. Sofia Amarra, ILSI SEA Region, Singapore*
- 11:30 – 12:00 hr **Development of Nutrient Standards and Dietary Guidelines for Older People: Philippine Experience**  
*Mr. Carl Vincent Cabanilla, Food and Nutrition Research Institute of the Department of Science and Technology (FNRI-DOST), Philippines*
- 12:00 – 12:30 hr **Role of Nutrition in Promoting Muscle Health for Healthy Aging**  
*Dr. Dieu Huynh, Abbott Nutrition R&D Asia-Pacific Center, Singapore*
- 12:30 – 13:00 hr **Dietary Protein Intake on Body Composition Changes in Healthy Aging**  
*Dr. Jung Eun Kim, Food Science & Technology Programme, Department of Chemistry, National University of Singapore, Singapore*
- 13:00 – 14:00 hr **Closing Remarks & Lunch**

### Organizer

