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# Regional Symposium on Diabetes –

## Current Science and Multi-Stakeholder Approaches to Prevention & Management

October 4 - 5, 2017

Grand Copthorne Waterfront Hotel, Singapore

### About the Symposium

Diabetes has been reported to be on the rise in many parts of the world. In 2015, the Asia Pacific region alone accounted for 36.9% of the total number of diabetics in the world. This global rise in the prevalence of diabetes will have a significant impact on health care systems, and increase the economic burden of health care in many countries.

Prevention and early detection of diabetes are crucial to delay the disease's progression and its detrimental health effects. For individuals, diabetes prevention includes having a healthy diet, regular physical activity and avoidance of excessive weight gain. National and community programs with multi-stakeholder collaboration will be crucial in raising awareness, enhancing prevention and effective management of diabetes.

**In this context, ILSI SEA Region is organizing a symposium with the following objectives:**

1. To review the status and latest science on type 2 diabetes mellitus and its prevalence in Asia.
2. To explore prevention and management of type 2 diabetes mellitus through various strategies at individual and community levels.
3. To discuss innovation, emerging science, and multi-stakeholder approaches in the prevention and management of type 2 diabetes mellitus.

### Who Should Attend

- Relevant primary health, nutrition & dietetics professionals from government departments, public agencies and health care institutions
- Academia & researchers
- Community program officers
- Stakeholders from the health care, food & beverage, fitness and wellness industries



### Symposium Topics

1. **Diabetes - Population Risk and the Science Behind**
2. **Diabetes Prevention Strategies and Programs**
3. **Diabetes Management through Lifestyle and Product Innovation**

### 2-Day Symposium Rates (SGD)

	Early-bird Rates (by Sept 4 <sup>th</sup> , 2017)	Full Rates
Industry/ Private Institutions	\$700	\$780
ILSI SEA Region Members	\$650	\$700
Government/ Academia	\$500	\$580

\*Symposium rate includes lunches, tea breaks and symposium materials. Participants with accepted poster abstracts will enjoy 10% discount off the applicable symposium rate (applicable for 'Industry/ Private Institutions' and 'Government/Academia' categories only).

## CALL FOR POSTER ABSTRACTS

Submission deadline **August 31, 2017**

Researchers and program implementers are invited to submit poster abstracts of up to 300 words to our email ([ilsisea@ilsisea.org.sg](mailto:ilsisea@ilsisea.org.sg)) to be considered for poster presentation. Abstracts should be in line with the topics given. Please specify introduction, purpose, methods, results and significance of the findings to public health.

All poster abstracts should be submitted in the given template - please refer to our website for more details. An award for the most outstanding poster will be presented.

### Poster Categories:

1. Diabetes Prevalence & Risk Factors
2. Diet and Lifestyle Factors in Prevention and Management of Diabetes
3. Intervention and Community Programs through Collaborative Strategies and Approaches
4. Product Innovations
5. Tools and New Technologies for Education

### CONTACT US

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Symposium Website:  
<http://ilsisea-region.org/diabetes2017>

Follow us @ILSI SEA Region:



\*For more information and registration, visit: <http://ilsisea-region.org/diabetes2017>